



S. P. M.'s

**Sunil Ramsinh Chunawale Ayurved Mahavidyalaya,
And Dr. Hedgewar Ayurved Rugnalaya,
Deendayal Nagar, CHIKHLI - 443 201, Dist. : Buldana (M. S.)**

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WORKSHOP

Title of programme:-

Pharmaceutical preparation of Sneha Kalpana & churna
Kalpana i.e. Abhyanga oil and sugandhi utane

Date and Venue: -

30/10/2023 to 2/11/2023 at SRC Ayurved college, Chikhali

Resource person/ coordinators: -

1. Dr. J.S. Gulhane
2. Dr. J.D. Waghmare
3. Dr. V.E. Kankal

Objective of programme: -

1. To prepare Abhyanga oil & utane.
2. To aware people about Abhyanga oil & sugandhi utane.

Description of programme: -

1. Abhyanga & uddhwartam plays important role for skin, during season of winter due to dryness & other conditions.
2. so, on the occasion of Diwali festival we prepared sugandhi utane, and Abhyanga oil with 2nd year B.A.M.S. students.
3. Two batches were made for each preparation i.e. Abhyanga Oil & sugandhi utane Nirman and with the help of sop both were prepared in authentic way. During this preparation discussion were made with student and draughts will clear about sneha Kalpana & churna Kalpana.
4. After preparation, final product was distributed to patients of Hospital and people other than hospital with groupwise to aware people " Ayurved for Every one Every day!" lateron feedback taken from patients and peoples and it gives excellent results as wen as happiness on their faces.

Participlepents / Attendance: -

55 Students





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WORKSHOP

Title of programme:-

Pharmaceutical preparation of Chawanprash Avaleha

Date and Venue: -

11/12/2023 to 13/12/2023 at SRC Ayurved college, Chikhali

Resource person/ coordinators: -

- 1.Dr. J.S. Gulhane
- 2.Dr. J.D. Waghmare
- 3.Dr. V.E. Kankal

Objective of programme: -

- 1.To prepare Chawanprash Avaleha
- 2.To aware people about benefits of Chawanprash Avaleha.

Description of programme: -

1. Today's era immunity is very important for every person to fight against various diseases.
2. In ayurveda Chawanprash Avaleha plays an important role in various diseases.
3. It increases Immunity along with healthy life for children to old age group it is most palatable form of medicine for ingestion in ayurveda.
4. Now a days viral and bacterial infections are very common to get ride on it we should consumed this form of medicine for healthy individuals.

Participlepents / Attendance: -

50 Students



